

L4L at Stony Dean – May 2024

Intent

L4L lessons at Stony Dean School promote pupils to have healthy relationships, keep safe (at home, school, in the community and online) and to respect themselves and others around them.

The curriculum covers many topics relating to the above that enable pupils to lead as independent and healthy lifestyles as possible, with an end goal looking towards future aspirations and career opportunities

We follow guidance from: Relationships Education, Relationships and Sex Education (RSE) and Health Education from The Department for Education.

Implementation:

- Pupils receive one lesson a week where we cover various topics following Department for Education guidance.
- During L4L lessons (and throughout their day at school) we promote healthy relationships and how to best support their mental and physical health. Respecting self and others is paramount in L4L.
- L4L closely follows the school's visions and priorities by promoting a relaxed environment where pupils can openly interact about life, independent living and employability.
- Online safety is a focus also and this is learnt about keeping safe, organisations that can help and how to report any concerns.
- L4L have outside agencies visit pupils (Police, RSE with Brook). In lessons should any concerning conversations arise we will discuss with pupils then refer appropriately.

Impacts:

- Pupils to build confidence.
- Pupils to be able to communicate effectively and appropriately.
- Pupils to be as independent as possible.
- Pupils to be able to highlight unhealthy relationships and abuse.
- Pupils awareness of their support networks (in and out of school)

Strengths:

- We complete real world scenarios in lessons to support pupil knowledge, views and experiences of how to deal with situations.
- Whole school approach with positive relationships.
- That all pupils understand both physical and mental health impacts.
- Linking with teachers and parents for any highlighted concerns from lessons.
- Referrals to outside agencies where needed.

