Chicken Balti

Ingredients

100 g Rice $\frac{1}{2}$ a chilli

2 tbsp. oil $\frac{1}{4}$ cup coconut milk

 $\frac{1}{2}$ an onion 1 piece of chicken

2 tbsp. Chicken Balti paste $\frac{1}{2}$ a cup of passata

A piece of ginger 2 tbsp. tomato purée

½ a pepper Handful of coriander

Method

1. Cook the rice and set to the side.

- 2. Peel and grate ginger.
- 3. Chop the coriander roughly.
- 4. Chop the onion, garlic and chilli finely
- 5. Cut the pepper into chunks.
- 6. Fry the chicken till it starts browning.
- 7. Add the onions and peppers cook for a few minutes.
- 8. Add the garlic, ginger, chilli and a pinch of salt.
- 9. Add passata, tomato purée and 100ml boiling water.
- 10. Add the Balti paste and coconut milk.
- 11. Simmer on a low heat for 5 mins.
- 12. Serve with rice and coriander a garnish.