

Beef and noodle stir fry

Ingredients

- 1 nest Noodles
- 2 tbsp. vegetable oil
- 1 piece of Beef
- $\frac{1}{2}$ an onion
- 2 different coloured peppers,
- $\frac{1}{2}$ carrot
- 1 spring onion
- 2 cloves garlic
- 2 tbsps. soy sauce

Method

1. Slice the onion
2. Slice the peppers into matchsticks
3. Peel the carrot and slice into matchsticks
4. Cut the garlic and spring onion finely
5. Cut the beef into strips
6. Heat the oil in a frying pan; cook the Beef until browned,
7. Move Beef to the side of the fry pan carrots
8. Cook the noodles and leave in the water once they start boiling.
9. Add the onion and garlic
10. Add peppers - cook for a little bit
11. Add spring onion.
12. Cook and stir vegetables for 2 minutes.
13. Stir beef into vegetables add salt and pepper and soy sauce.
14. Add the cooked noodles
15. Continue to cook and stir until vegetables are tender.
16. Serve...