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| **PE Curriculum Overview**  |
| **Subject** | **Autumn**  | **Spring** | **Summer** | **Key words** |
| Year 7 | FitnessBenchballFootballGymnastics | HockeyBasketballTag RugbyHandball | RoundersCricketTennisAthletics | Teamwork, passing, lay up, dribble, bounce pass, accuracy, pace |
| Year 8 | HandballBasketballTag RugbyFootballBadminton | FitnessTable Tennis HockeyGymnasticsFlag American Football | RoundersCricketTennisAthleticsGolf | Serve, forehand, backhand, Teamwork, pulse, pacing, dribbling, body tension, accuracy |
| Year 9 | HandballBasketballTag RugbyFootballBadminton | FitnessTable TennisHockeyVolleyballFlag American Football | RoundersCricketTennisAthleticsGolf | Serve, forehand, backhand, Teamwork, passing, indian dribble, dig, set , accuracy, pace |
| Year 10 | HandballBasketballTag RugbyFootballBadminton | FitnessTable Tennis HockeyVolleyballFlag American Football | RoundersCricketTennisAthleticsGolf | Serve, forehand, backhand, Teamwork, passing, indian dribble, dig, set , accuracy, pace |
| Year 11 | HandballBasketballTag RugbyFootballBadminton | FitnessHockey BasketballGCSE Theory | RoundersCricketTennisAthletics | Cardiovascular, muscular endurance, strength, speed, power |
| NG3 / NG4 / NG5 | SwimmingFootballBenchball | SwimmingHockeyFitness | TennisBocciaCricketAthletics | running, jogging, walking, health, fitness dribble, shooting |
| 6th Form | FitnessGym BasketballBadminton | HockeyVolleyballTable TennisGym | GymCricketRoundersTennis | Strength, fitness, circuit, exercise, muscles.  |